The Canadian Hospital Injury Reporting and Prevention Program (CHIRPP) collected data from hospital emergency rooms across Canada and reported that 362 children fell from windows between 1990 and 2000. Falls from balconies or decks were not identified. The chart below identifies the types of injuries reported.

The financial cost of healthcare for all victims of falls from windows, balconies and decks is significant. However, that cannot be compared to the emotional pain and suffering that results for both victims and family members. Many of these individuals are adversely affected for the rest of their lives.







The Canadian Window and Door Manufacturers Association and the Emergency Medical Services Chiefs of Canada are proud to be the founding sponsors of Partners Promoting Window and Balcony Safety across Canada.

Partners Promoting Window and Balcony Safety is an awareness program that identifies risks and offers fall prevention strategies. Through this program, participating Emergency Medical Services agencies aspire to eliminate injuries and deaths associated with falls from a window, balcony or deck.

For more information on the Partners Promoting Window and Balcony Safety program, public events or private educational seminars, contact your local Partners EMS agency at: www.windowandbalconysafety.ca





Are your windows, balconies and decks safe for your children?

Danger exists wherever you live!

Back Cover

Safety Tips

To avoid the tragic results of a fall from a window, balcony or deck, ensure the safety of your family and guests by following these safety tips:

Supervision:

The single most effective way to prevent children from falling is constant and direct supervision by a responsible caregiver.

Education:

Show potential dangers to your caregiver:

- Be aware of potential danger areas (open windows, open doors to a balcony or deck).
- Know your child's abilities (crawling, walking, climbing) and curiosity to explore these areas.
- Set a good example. Children tend to copy behaviors they see, good or bad.



Use safety devices that limit the opening of windows and doors to a maximum of 10 centimeters (4 inches). This distance is generally accepted as adequate to restrict a child's access through a window or onto a deck or balcony to prevent falls.

Be aware that window guards must have easy release mechanisms so that they do not impede emergency escape and rescue.

Safety devices can be purchased at hardware, safety and child specialty stores.







Risk Factors

Avoid the following:

Risks for Adults:

- Climbing on furniture or a ladder (e.g. to water flowers) on a balcony or deck.
- Other activities through windows (e.g. talking) or on balconies or decks (e.g. passing objects).
- Remember: These actions increase the possibility that a fall will occur and set a bad example for children.

Risks for Children:

- Playing near windows or on balconies and decks.
- Placing furniture or objects near a window or on a balcony or deck.
- Relying on a screen as a safety device. Screens keep bugs out, not children in.
- Remember: Children access dangerous areas when parents are distracted. Falls are most common between the ages of 1 and 4 years.

